

## 2009 MSHSL Section 5A 5/27/2009 at St. John's University

**Teams:** Pierz Healy 80, Foley 76, St. Cloud Cathedral 58.5, Meadow Creek Christian/Pact 48, Annandale 47, Paynesville Area 40, Litchfield 39, Albany 38, Milaca 36, Holdingford 36, Pine City 31, New London-Spicer 29, Braham 29, Atwater-Cosmos-Grove City 27, Maple Lake 18, Mora 18, Royalton 12, Rush City 10, Belgrade-Broten-Elrosa 9.5, Eden Valley-Watkins/Kimball 8, Upsala-Swanville 7, Ogilvie 2, St. John's Prep 1, Zimmerman 1.

### 100 Meter Dash

1	Andy Lange, St Cloud Cath	11.33 (11.45p)
2	Jake Nelson, Pierz	11.43 (11.59p)
3	Christian Scapanski, Foley	11.44 (11.51p)
4	Ryan McCann, Eden Valley	11.49 (11.46p)
5	Brian Karg, Annandale	11.51 (11.38p)
6	Adam Olson, Pine City	11.55 (11.56p)
7	Levi Anderson, Belgrade-B-E	11.83 (11.64p)
8	Ryan Triplett, Maple Lk	11.88 (11.70p)

### 200 Meter Dash

1	Jason Budish, Meadow CrC	23.03 (23.54p)
2	John Omann, Pierz	23.05 (23.38p)
3	Joey Blackmore, Albany	23.13 (23.46p)
4	Jake Nelson, Pierz	23.27 (23.08p)
5	Adam Olson, Pine City	23.50 (24.01p)
6	Wayde Brenny, Foley	23.82 (23.68p)
7	Steve Soper, Milaca	23.88 (24.04p)
8	Patrick Donohue, Maple Lk	24.08 (24.09p)

### 400 Meter Dash

1	Joey Blackmore, Albany	50.04
2	Neil Larsen, Milaca	50.11
3	Grant Fritz, Meadow CrC	50.99
4	John Omann, Pierz	51.56
5	Justin Carlson, Pine City	52.09
6	Tom Lemke, St Cloud Cath	52.48
7	Cole Jokinen, Braham	53.08
8	Jacob Rajkowski, Braham	53.36

### 800 Meter Run

1	Andrew Larson, Annandale	1:58.37
2	Karl Johnson, Albany	1:58.97
3	Ben Ness, Meadow CrC	2:03.76
4	Jake Murphy, Mora	2:03.78
5	Erik Horrmann, Maple Lake	2:04.58
6	Ben Welle, Pierz	2:06.18
7	Houston Carlson, Rush City	2:06.24
8	Luke Lagergren, New London-S	2:06.58

### 1600 Meter Run

1	Connor Gjerve, Annandale	4:27.34
2	Peter Borash, Royalton	4:31.67
3	Grant Wintheiser, St Cloud Cath	4:38.06
4	Erik Horrmann, Maple Lake	4:41.24
5	David Mettler, Upsala-S	4:42.88
6	Brendan Ruter, New London-S	4:47.85
7	Joel Roske, St John's Prep	4:48.68
8	Greg Moravec, Mora	4:50.43

### 3200 Meter Run

1	Connor Gjerve, Annandale	9:47.95
2	Austin Bauer, Milaca	9:53.34
3	Grant Wintheiser, St Cloud Cath	10:04.08
4	Josh Wurdemann, Rush City	10:04.62
5	Peter Borash, Royalton	10:17.28
6	David Mettler, Upsala-S	10:33.31
7	Charlie Lawrence, Foley	10:33.85
8	Nick Golebiowski, St Cloud Cath	10:34.01

### High Hurdles

1	Justin Hanson, Atwater-C-GC	14.98 (15.60p)
2	Travis Jiminez, Paynesville	15.17 (15.33p)
3	Aaron Doleski, Holdingford	15.70 (15.67p)
4	Eric Jokinen, Braham	15.93 (15.96p)
5	Luke Pennington, Holdingford	16.29 (15.95p)
6	Jake Happ, Meadow CrC	16.35 (16.19p)
7	Colby Mavencamp, Maple Lk	16.53 (16.90p)
8	Leonard Gabbert, Foley	17.02 (16.48p)

### Intermediate Hurdles

1	Travis Jiminez, Paynesville	40.15
2	Justin Hanson, Atwater-C-GC	40.79
3	Luke Pennington, Holdingford	41.47
4	Eric Jokinen, Braham	42.95
5	Spencer Bergstrom, Atwater-C-GC	43.23
6	Zach Dufner, Albany	43.45
7	Christopher Strom, Mora	43.47
8	Josh Franzen, Meadow CrC	43.54

### 4x100 Relay

1	Foley	44.47 (Brenny, Dombrovski, Scarpanski, Seppelt)
2	Meadow Creek Christian/Pact	44.64
3	Pine City	45.73
4	Albany	45.96
5	Annandale	46.06
6	New London-S	46.11
7	Belgrade-B-E	46.38
8	Milaca	47.46

### 4x200 Relay

1	Albany	1:33.34 (Conrad, Schmitt, Blackmore, Burg)
2	Pierz Healy	1:34.01
3	Milaca	1:34.43
4	St Cloud Cathedral	1:34.76
5	Belgrade-B-E	1:36.03
6	Eden Valley-W/K	1:36.48
7	Annandale	1:37.01
8	Braham	1:38.18

### 4x400 Relay

1	Meadow Creek Christian/Pact	3:29.66 (Budish, Franzen, Ness, Fritz)
2	Foley	3:33.46
3	Braham	3:34.18
4	Pierz Healy	3:38.27
5	St Cloud Cathedral	3:38.57
6	New London-S	3:38.58
7	Maple Lake	3:39.20
8	Pine City	3:39.57

### 4x800 Relay

1	Mora	8:17.72 (Moravec, Bostrom, Murphy, Amundson)
2	New London-S	8:20.11
3	Pierz Healy	8:35.55
4	Litchfield	8:35.72
5	Albany	8:41.53
6	Rush City	8:46.22
7	Maple Lake	9:00.00
8	Zimmerman	9:40.52

### Shot Put

1	Nate Walters, Litchfield	50-6 ½
2	Matt Schmiessing, Paynesville	47-6
3	Ryan Ackman, Litchfield	46-9 ¼
4	Brandon Murphy, New London-S	46-7 ½
5	Dylan Peterson, Pierz	45-4
6	Marshal Ash, Milaca	44-2 ½
7	Jon Heger, Foley	42-0 ½
8	Ryan Barnes, Maple Lake	40-9 ½

### Discus Throw

1	Ryan Ackman, Litchfield	167-7
2	Taylor Snelling, Litchfield	144-11
3	Dylan Peterson, Pierz	135-0
4	Dylan Nelson, Atwater-C-GC	132-5
5	Danny Hambly, Pine City	131-11
6	Simon Krych, Holdingford	127-1
7	Dustin Gilyard, Foley	121-3
8	Haakon Hansen, Pine City	118-5

### Long Jump

1	Phil Rien, St Cloud Cath	20-2 ½
2	Travis Jiminez, Paynesville	20-2
3	Brian Karg, Annandale	20-1
4	Kyle Bednar, Pierz	19-7 ¼
5	Grant Fritz, Meadow CrC	19-7
6	Cody Blonigan, Holdingford	19-6 ¼
7	Luke Zambory, Ogilvie	18-11
8	Pat Neumann, Annandale	18-7 ¼

### Triple Jump

1	Shane Dombrovski, Foley	42-5
2	Erik Oines, Foley	41-9
3	Simon Krych, Holdingford	41-5
4	Jonah Dahlman, Braham	40-11
5	Chris Hanson, New London-S	39-9 ¼
6	Kip Willis, St Cloud Cath	39-6 ½
7	Ryan Gall, Pierz	39-1
8	Andy Lange, St Cloud Cath	38-8

### High Jump

1	Shane Gall, Pierz	6-1
2	Tyler Rien, St Cloud Cath	6-1
3	Erik Oines, Foley	6-1
4	Simon Krych, Holdingford	5-9
5	Josh Skalicky, Pine City	5-9
5	Erick Osterdyck, Pine City	5-9
7	Phil Rien, St Cloud Cath	5-9
7	Levi Anderson, Belgrade-B-E	5-9

### Pole Vault

1	Keith Roehl, Foley	12-8
2	Riley Sikkink, Milaca	12-8
3	Nathan Friederichs, Paynesville	12-8
4	Shane Gall, Pierz	12-5
5	Eric Jokinen, Braham	11-8
6	Aaron Doleski, Holdingford	11-2
7	Derek Henle, New London-S	11-2
8	Josh Skalicky, Pine City	11-2

\*\* Meet Record

Notes: